# Monica's Organization Tips 


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## The Ogarization Process

It halps to beinspired before begiming an orgarizingjob, so here's a little inspirationfor you First off, gt a mextd pidure of theplace you wishto beorgarized-- a apboard, a shaff, adeskor ayy placethat really bothers you Now inxognehowrice it nould be when yougg to retriee an itemfromthis areaif it wereargarized Oly things you like and use vould be inthis area, theseiters would all have a horre and you woild knoweradly where these hones are It would beneet and dean The itemyou are rerieing would beright where you west to look for it Vbuidh't this be a rice wey to have or whole house?

Mery of us, induding myseff, arefar fromthedremabove, but I knownecanget there Vecanadieve anything we vartas longas we wart it bad enough Wejust need pessereance and patience I knowthis becausel amarrertly inthis orgarizing process andl amexprienong success!

I beliee babysteps arethe way to adieellarge ouewhamningjobs. If you wishto orgarize your fivedraver deesse, but it
seens ovewhelming, do onedraner a day and in five days you will have thejob completed It will almost seemeffortless becauseeach of those draners will probably onlytdke you fiveor ten minutes to sort through You can apdy babysteps to any overwhelmingjob, justbreekthelargejob down into small, manageable tasks.

Another wey to break a job down andfee less overnhelmed is to use atimer. Jut set your timer for a manageable time and work until thetimer goes off. Ottentimes, you will find that you dorit wert to stop whenthe timer goes off and you get more finished than expected

Howto orgarize and sort
Choose the area you'd liketo organize If it's a largejob, breekit downinto manageddetasks as nemtioned above, or get the tinerat

Havetrree containas suchas empty boxes or garbage bags handy. If you wish, set your tiner for a manageadle tine (5-15 minutes is sufficiett) and begin sorting throughtheitens.

When you find something that you don't use anymore, put it into one of the containers. This container will bethe donation container. Later on you when your are finished orgarizing you vill tekethis container to your favorite charity and donate it You may have more than one charity box by thetirre you are finished Dor't rationalize keeping an itemthat you dor't use by saying you might use it later or you're gaing to kep it for someone Get rid of it now, it's these itens that are casing youa headacheand a big ness. Remenber your visualization of that ricely organized space!

When you find sonething that is broken, put it into another containe. This will bethetrash container. Don't rationalize that you will fixit later, if it's not fixed yet, it's not going to get fixed Remenber your visualizaion

Wen you find sonething that is useful that you went to keep, put it into thethird cortainer. Be surethis itemfits into your visualizaion of that nicely orgarized space! Leter on when the draver, shelf or cabinet that you are orgarizing is emplied and deaned off you can put these iters avay on or init As you are sorting kep your dutter freeand dean image of the area in your mind, this will help you to keep going. Visualizing therevards of thejob is very motiveting.

If thetiner goes off before you're finished and you'd like to stop at this poirt, go ahead and stop. Put your cortainers off to the side somenhere they vor't be disturbed Later in the day or the next dayat the most, set your timer and beginthe process all over again Dor't let thejob go longer than a day if possible Thelonger itsits, theherder it is to begin the job again Reverber to visulize the atcore

If you'd liketo kepp working eventhoughthetimer wert off, byall means do so! Keep going until you'refeding that you don't vart to do it anymore

Wen you are finished sorting takethe charity container to you favarite charity. It's importart to do this as soonas possible If it remains sitting in your house, the itens will slowly nakether way back into your living space

Enty y the garbage containe into the garbage Dothis as soonas possible also.
Vacu mand wipethe shelf or drawer. You will nowheve enough dean spaceto store the itens you wart to keep.

## Orgarizing Magazineliformation

I've alvays ejioyed hore and garden nagazines. So mud so that theyquidły beganto pile up. Soonl realized I could't keep each and every magazinebecausemy housejust doesn't have that lind of space Keeping every magazine wesn't doing meanygood anyway, I couldr't find specific information when l varted it

So what I decided to do was to keep only theatides, pidures, reipes or other ifformationthat I was interested in Eadhtime I read through a magazine, I'd dip anything that I thougtt I migt like to look at later.

Inforration I kept wes pidures of decorated roons, craft instrudions, gardendesigns, information about spedific plants and more Sonetimes I would make a noteright on the dipping what I liked about the informaion so later whenl looked at it I nould knownhyl dipped it For example on a pidure of a decorated room, I'd make a note that it wes the color conlination liked about it If it wes an atide, I'd highlight theirformaionthat interested meand so on

So what do I do with my dippings? First of all, I set themina widker seving basket unil I get tire to work onthemlater. Then whenl aminthe mood, I get the seving basket, scotch tape, saissors, pen, highlighter andmy heap notebooks (the spird bound 70 page notebooks that you can find on sale from. 19 certs to .99 cents depending on howgood the sale is). I tarted out with about 10 of them Oncel have all myitens together on a nice big work surface likethe kitchentadle, I begin. First thingl do is sort the dipped information into related piles. All the bedroomdecorating informationinone pile, the cratt patters inanother and so on You can sort yours anyway you like You may vart to break down a category sudhas craft if you have a ld of dippings.

Atter sorting, you can see what cetegories you'll need At this poirt, you can labd each one of your notebooks with one of the categories.

Next comes thefin pat -- puting your scrapbooks together. Trimany roughedges and tape the dipping to one of the pages in your notebook Simpleas that, and fu to seetheitens grouping together knowing you'll have the information at your fingartips. Nowl'msure you could use different materials for this such as scrapbooking materials, but this is a deep and eesy vey. Mymomnakes her own binded constrution paper books and her categories are differert than mine Sheloves pidures of horses and angls so has books for those. The possibilities for this areendess and anly limited to your inagination

It is so handy to have these books when it cores tirreto stat a project If you've been colleding informationfor quite a while then stat a project on that cotegory, that information becomes very valuable Theyarealso fin to take look at every now and then

## Create your Onn Compter Cookbook

I'vealvays loved saving and trying newrecipes fromnragazines and books. Wen wegot Intemet senices, a whole newreipe world opened up! I found email lists where people share recipes, eines that haverecipes published and I do searches on the Intemet for spedific reipes whenl need them Cbvia uly, I meeded a wey to savethese recipes.

I found a quid, orgarized and eesy solution, and you don't need a recipe programto do it I havefound it time consuring to save recipes fromthe Intemet into recipe prograns because they require you to type in each separateingredient into the program's recipeformat. This is too tire-consunning especially when you're scarring lots of recipes.

What you need to save recipes ny wey is a word processing programsuchas 'Vbrdpad', 'Notepad' or 'Mcrosoft Vbrks'. Mbst newcomputers cone with a word processing programalreedy installed onit, so if you have a fairly newcomputer, you probably have a word processing programtoo. I'musing Whdovs operating system Here's a step-by-step process of naking your owncompter cookbook

1. Thefirst thing you will vant to do is nakea newfolder somenhere in your computer suchas in 'My Doourents' called 'Recipes', or whatever you wart to nare your cookbook You can create a newfolder by sedecting 'New' under 'File', then select 'Foldar'. Anewfolder will showy and the computer will promt youto nare it

## 2. Qpen a newdoament inthe word processing program

3. Hghlight the recipe you went to savebyleft diding your mouse holding it down and dragging the arsor over thee tire recipe you want to save. This should showblack highlight over whitetext when yoưre finished
4. Right didkany part of thetext you highlighted An qpions box should pop up and you need to selet 'copy fromit Now you have copied the tex onto the dipboard of your computer.
5. Co badk to the blank word processing dbanert and right didk your nouseinit Fromthe options box, select 'paste'. This will pasteyar reaipeinto thedbarert.
6. Saneyour recipeby diding 'save' in the word processing dbareat. Double didkthe 'Reipe' folder you ceeted instep 1 to go intothis folder. Nowyou will wart to make a newfolder for this type of recipe đidk the 'NewFdda' icon at the top of the 'save' box The newfolder will ppp up in the save boxwhere you can give it a nare If your reipe is a spagheti recipefor example, you can make the newfolder a 'ground bee', 'Itdian' or 'maindish' folder. Atter you have named the newfolder, double didk it so you will besaving thenewredipeinside of it Nowname theredipe accordingly and didk 'save'.

Followthis simple procedre for all your intemet recipes and soon you will heve your very ownorgarized computer cookbook You cantakethis a step further and type in your reipes to try or favarite reipes fromcookbooks or nagazines; this will save space and money byeliminating the need for cookbooks or reaipestoragesystens.

I find it very handy and I canfind recipes easily. Whenl vart to tryone, I print it out Since it is in a word processing program, you con drange the fort or the colors to jazz it up.

If you'd rather save time and not fuss with making your own computer cookbook, why not try our reaipeebooks? đidk here for more information http://homenakersjarmal.connallebooks.htm

An Oggarized Shopping List Makes Al the Difference
Making and using a grocery list will hap you buy orly necessities and/or sale itens so will hap you savenone. It will aso get
you a t of the storequidker as long as the list is organized
An unorganized grocery list can actully keep you inthe store longer, here's an example I used to makemy grocery list by witing the first itemat thetop of the list and working my weydown in no partialar order. At the store I'd be in a parialar area, read my list over in a hury and miss oneor tho itens in that section I would then have to nu badk to that sectionlater when I noticed I missed itens. Every timel nert shopping I'd spend a good part of the tire ruming back to a particular section to pick up something I missed I decided there had to be a better way.

Wet I care up with is a preprinted secioned list madeon my computer. The list has headings for eech sedion of the grocery store suchas 'produce', 'meds', 'breakfast foods', etc, just like you'd see in a coupon orgarizer. Now as I'mmaking my list, I just go to the sedion on the pre printed list and wite intheitem Then, when I'mgrocery shopping and in acestain area, I canseeat a glanceA $\perp$ the iters needed inthat sedion Another benefit is that it's very emsyto search for capons sincethe list headings match the coupon headngs.

I madethis listby bpening up a newdoa ment inny Vtropad program any word processing program will work Then all I dd wes type in thefollowing headings thre across in a row thenfour or fivereums down to make the next row of three across. The retums provide spacefor to wite in itens later. These are theheadings I used

PRODIE
BREADBAKRY
CONDMENIS
BAKNGSUPPUES
PACKAGDMEAS/SOPS
SNACKS/PCP
FROZENVEG/JUCE
FROZANMEAS
FROZANTREATS
MEAT
BREAKFASTIEVS
CEANBS
PROESSHDMEAT
PETFOOD
TaLETPAPBRTGLEIRES
MLKIDARY
Atter the list wes finished, I printed at a fewto keep withmy groceryads in a binde. Wen I need more, I'll prirt nore
I tookny list shopping and found at, anorgarized shopping list does rakeall thedfference

## Orgarize You Leftover Cortainars in For Easy Steps!

It ves time to organizeny lettover containers that are kept in a kitchen apboard n a side out shelf. I did't realizehowlong
it had been since the last time I did this until I got to the bottom of the shalf and found things I'mashaned totell. I will tell you that there were containas I had forgotten I had because they were buried so deep.

Howcouldthis be usefu?! Really, theonly useithad vas to barely storemyletover containas; 'barely mearingeach timel'd openthedbor, sonething would fall at I had to askmsef 'why would I need 250 containers?!' Just joking, it wesn't that much, butit wes too mach Here's howl got this apboard in shape infour eesysteps:

1. I took everything at of the apboard. This is a apboard dose to the floor sol sat on the floor and took themout and set themaround reonthe (dean) floor. Wenthe sheff ves deared at, I veaumed it and wiped it of.
2. Fromthe lids and containers on the floor, anthing Idid't useor went anymoreether wert into the trashor into a bag to bedonated to the Coodvill depending on if it wes still usefil or not
3. With what wes left, I matched containers with lids. Each container I found that still had a lid (dor't ask me wherethe others vert!), I'dset back into the a pboard and each lid wert into a square plastic organizer to hold them, this way the lids would still bein with the containers, but not all scaltered around I stadked the containers according to their size and shape
4. I threwanay the renaining disposable lids and containers (yogut, sour cream margarine, etc) that did't have a match and donated any good, mo match lids or containers to the Goodvill; I'msure theyll find a match for them

Completeinfour eesy steps! Nowwen openthat apboard, the containers dor't correfalling at and I can easily find the cortaine I need It is a great feeling to have themorgarized (for a dange).

If you are interested innore kitchen orgarizationtips, check at the 'Ktchen OrganizationTips' E-book, didkhere http://honerakersjoumal.con/lkitchenorganizaionhtm

## APlacefor Everything

So, you'vemadethe decisionto get orgarized, you've sorted through your belongings and you nowhave only itens that you love and are usable This may befor onesmall area of your home, a fewarees, a draver or tho, or the whde house However much you have done, it is an accomplisheet no matter howbig or small, so congraulations!

A very important aspect of beeing and staying organized is to have a place for everything. If you dor't have a place for everthing, thenit all stats piling up again and pretty soon you'rekeeping everthing because it's herd to tell what's what and what's where Here's the scerario: You don't have a home for anything and whenever the mail comes in or yougo shopping, youjust pit the itens wherever you find room Prelty soon, you have a mess! Believerre, I know, I've beentrough it

I urge you to put sone thought into making a home for everysingle type of itemthat you keep; this is so important If you bring sonething newand differert honeeand you don't have a place for it, nakea place for it immeditel y or as soonas possible If you dor't have room you'd better get sorting again Hereare afewsuggestions on howand whereto store sore commonitens found around the house

Intheoffice:
Papenvork Afling cabinet is a hugelifesaver whenit comes to organizing your papenork I madefiles for everytype of paper I had lying around, fromnvie reviens to our house papars and this has nadenylife a lot eesier. I put thesefiles in alphabetical order in myfiling cabinet and noweverthing is put avay, but even morethrilling is thefadt that I can adually find a piece of paper inabatf five seconds! This is a huge improvenert for mewhen before, I wouldh't evenknowwhere to begin searching for a piece of paper let donehave surcess in finding it

Magazines: Cereal boxes are very handy for keeping magazines neat. To nake a nagazine holder at of a ceeal box, at off thetop inch or so of the box, then, starting at one side of thetop and alting at a dowwerds ange, at downhalf to one third the haight of thebox Dothis on theother side also and you will thenhave a magazine holder. At this poirt, youcan decorate the hodder by pasting pretty ragazine pidtres on it or paintingit, then addinglace or ribbon You can also put magazines in big wide widker baskeds.

Coupons: I havefound endopes very handyfor storing caupons. Just label themthe wey youd likethemlabded (alphabetically or bytype of food) and pityour dipped coupons inthem The envelopes can bestored in a reipeor card file boxof appropriatesize.

Inthe doset
Blarkes: La undy baskeds make excellert holdars for blakets that sones fit awkwerdy on shelves.
Shoes: A nover-thedbor shoehanger is a greet vay to get shoes off the floor.
Trave bags, purses and totes: Plastic storage bins are very handy for storing these
Inthecraft room
Crafting itens: Seethrough plastic storage bins are a very good container for this because you can seewhere your itens are and thus find things quidły.

Inthelivingroom
Pernte cortrols: Agreat wey to store these is in small wider or wire baskeds.
Odds and ends: We use a wooden chest as a coffeetable and it's handy because it doubles as storage Veleep some of our colledibles in there along with craft pattem books and other odds and ends. Another idea for this is to puta noodan or glass irdeontop of a newgarbage can You would thendrope a decorative tabledoth over the top of the arde Thegarbage container canthen be used to store your odds and ends and you would also have a decorative table for freshflover a rangemerts or kridk-knads.

Inthebattroom
Mscellaneous itens: Wikker beskets are great for storing a lot of itens in the bathroom You can put all your hair styling aids in a largeone, vestrags in another and cosmetics in another.

Medines: For the redidine cabinet, I bougtt short, plastic draver organizers that fit the shedves just night I have one for heedadnerredines, one for cold medines, onefor owies (band-aids, ointment, etc), onefor stomach medines, etc This not only makes it easier to find itens, but it also makes it easier to wipe the shelves when they becorre dity.

Toilet Papar: I crocheted a toilet paper holder to hang right abovethe taile, so when someonen uns at of toilet paper, there should be a roll in the holder for eesy retrieed. You may be able to find one of these at a cratt bazaar.

Inthe Bedroons:
Mscellaneous itens: Under the bed storageorgarizers are great for storing seesonal dothes, Christras wapping supplies, gifts to give, books, and other itens.

Kids Toys: The seethrough plastic bins aregreat for toys because thekids can see what goes where You canalso mark the bin with a pidureor word.

Crayons: Save babywipe containers or coffeecans to storecrayons in If using a coffee can be surethere are no shap edges to at thedilden

I hopethis gives you enough idees to get you stated in finding a place for everthing. If you'd like more idees, chedk at the ebook*StorageSolutions*: htp://homemakersjaumal.con/storagesolutions.htm

Once you have accomplished making a placefor everything, you only need to train yoursedf and family menbers to pt things avay in the appropriateplaces.

## AnOrgarized Partry <br> By Mbrica Resinger

Oneright I ves making bu mitos for dime. I vert to grab refied beans at of the partry and couldh't find any. Later, while dearing at the partry, I found sore If the partry had been orgarized to begin with, I would have been ableto find the refied beans and savemy husband a trip to the neighborhood store, saved money as refied beans at the neighborhood store are not cheap and lots of finstration. Another problemwith a duttered, unorgarized partry is weste I found spilled flour, noodes, Jello and cormeal padages. So, in an effort to improve mself and knowing what I had done in the past wesn't working I put some thought into howl could createa better system Here's what I came up with

Assigna Horrefor Each Item
Assigna horeto each different type of item For example haveone shdf for cereals, another for camed foods, another for spices and another for prepered boxed meals such as naccarori and cheese If you haveto, you can split up a shelf for two different foods. Besure to keep miltiples of foods together so you can seeat a gancehownuch of something you have

## Get Rid of Dead Space

Make sure your shelves don't havetoo mach ‘dead space'. Dead space is unused space which is usually found above what you are storing. For example, whenl was putting my carned food avay on the camed food shalf, I noticed I couldh't stadk two regular sized (about 15 oz ) cans one on top of another, but there wes a lot of emty space above the cans (deed space). So I adusted the shif up a couple of indes so nowl have roomto stak two reguiar size cans and there is less dead space This made a tremendous difference-I could nowget all camed foods orto this sheff rather than have themscattered
throughout the partry.

## CreativeContainers

Find caristers or other holdars for noodes, flour, sugar, nice, popcom or other food that comes in plastic or paper bags. I used to store the opened bag of rice (or other plastic or paper bagged food) right in theopened bag (dosed with a twist-tie) whichalveys lead to spills. Nowl use caristers, enpty coffee cans, glass jars, and other containers to hold these itens for no mess. If you use pretty glass jars (which you canfind at thitt stores), you can store noodes, rice, split pees or other attradivefood inthemand display on your caunter to save partry space. Finally, put taller itens intheback This makes findingthings eesier.

The effort you put into orgarizing your partry canbe very revarding. It will save youtiree fiustration and roney. It is so rice to beableto openthe door and seeeverything orgarized (or just besing able to see everything withat a canfalling on your heador toes).

For norekitchen orgarizationtips, check at TheKtchen OrgarizationTips E-book, it's packed withtons of tips that will help you get your kitchen orgarized and keep it that wey induding the refigerator, freezer, dramers, spices and more! đidkhere for noreinformaion hthp:/horenakersjamal. condlitchenorganizationhtm

Get your Fanily Raing to CompleteChores!
by Mbrica Resinger
Myfamily wert on a miri vacation a fewyers badk which induded a stay at a very rice hote. Dring ar stay, I adhired how deantheroomnes and wished my home could bethat dean Vehad a long dive hore and I thougtt about howl could stat keeping my horethat deen or dose to it The reason my house vesn't as dean as I liked wes becausel didn't do everything that needed to be done when it needed to be done-in other words, I dad't have a system

What I care up with was a chore schedule list I stated a t by witing downevery chore that needs to be donefor eech room inthehouse, then I labeled themwitheither a D (for daily), aW(for wedly), an M(for morthly) or 1-3 xa year. Thenl wert to the computer and opened up 4 newdba merts and saved themas Daily, Vedly, Mbrthly and 1-3 xa year. Oneech of these dba mets I listed each dhore that needs to be compled in hat time frame and left an area for cheding off each chore oneach day, week or morth when completed.

It has been a while sincel created these chore schedules and since then, I've core up with an excellent vey to get my fanily to help. Here's what I dd I madethe chores schedules into tables with spaces to wite in whoever's initials complees the chore At the end of the week, wetally up initials and we come up with 1st, 2nd, 3rd and 4th place wimers (4 people in my farily). First place is the one who hes themost initials and so on Wegive $\$ 10$ to 1 st place, $\$ 7.00$ to 2 nd , $\$ 5.00$ to 3rd anda giart candy bar to 4th To even be considered for a prize, a fanily neenber mist have at least 7 dhores completed

This method has menbers of myfanily rading to get as nany dhores doneas posside within a week trying to win 1st placel The househas been mach deaner and my kids are leaming housedeaning skills whilehaving funtrying to vin of course it has ben machless work for meso it is well waththemoney paid for prizes. If you don't agre with paying moneyfor dhores,
then you could give other types of prizes such as time spent with momor a day at the park, etc
If you'd like to at the work of reeding your chore schediles, I have themavailddehere: htip://homenakersjoumal.con/hchoreschedules.htm

Get your Recipes Together!
Here afewnethods I havefound to organize recipes:

## PHDTOABLMS

Yar can place dipped recipes and recipe cards in a anytype of photo album(hirt go to thethritt stores and pidk up inexpensivealbunฐ) althoughthetype of alluns that you can add pages to would be best becausethis will halp you organize the albu mbetter. You can placetabs on pages to dvide the albu minto cctegories then simply place your dipped recipes into the appropriate category. This method is a greet vay to keep all loose reipes together. The plastic protection will help keep your reaipes dean

## AREOPEFLE

Get an accordion-typefile to orgarizedipped reaipes and reaipecards, Labd eedh sedion with a differeet reaipe category then simply file your recipes. This method will at leest keep themall together and is quid, but you will haveto sort through all the recipes in a certain category whentrying to find a patialar reipe

## AREOPE BOX

With a recipebox, you can put differert categories onto tabbed dividers and you can buy more dividars if necessary. You can file dipped recipes but it is neeter if you wite themorto recipe cards wich is tire consunving. As withthe accordionfile, you'll haveto sort through recipes in a categoryto findone

## ACOMPUIRRREOPE PROPRM

If you have a little sparetimethis is a geet vay to compile all of your favoritereaipes-induding ones in your reaipebooks. These prograns are preformatted so you just fill in the ldaks. It canget tire consuming entering inall your reapes, but if youstick to entering in 1 or 2 recipes a day, you'll make some progress.

There's a number of benefits using this method, onebeing that you can easily find reipes and print themout You can print at reapes and make honemadecookbooks to give to your friends and relatives. The programwill figrethe nurnition informaionfor your reipes. Some prograns offer a men waker and a shopping list It's also eesyto locatecertain recipes with certainingrediets. For example if I haveground beef onhand, I can do a seerch for 'ground bee' and the programwill bring upall reipes with ground beef init Aso, these prograns come with reipes-so if you don't want to enter your own, you'll still have a greet cookbook to use all thesefeatures on

## ATHRE-RINGBINDR

I use thethreering binder in conjundion withmy recipeprograns. I have put tabbed pagedvidars into it and labaled eech dvider with its own reape category. Wenever I print at a reaipe to use frommy reipe prograns, I pundholes init and place it into the appropriate category in the threering binder. This eliminates the need for meto reprint the redipelater.

I hopethis atidegives you some idees for crganizingyar reipes. Peipe collecting canbe afunhobbyespecially ifiti is organized!

## HousehdldBehavior Mbafication

Ever hear of behavior nodificdion? Usually it's associated with weight loss meaning you nake danges to your eating behavior to produre weight loss. If applied, it usually produres pleesing results with just a little effort I'd liketo introdure a nother behavior nodification idea and that is household behavior modificaion

Withthis idea, you make changes incertain behavirs that you do at home to makeimprovenetts in reess that are bothering you Thequestionis, where do youstat?

To figreat where to stat, you need to notice what's really bothering you about your hore It could be your duttered desk, too mod dutter everywhere, not being able to see dealy through the windows, or enharassmert when people corre to visit among many othe things. When you noticethat you are initated about something in your hone, wite it downin a notebook so you ca look back at it later and come up with 'househdd behavior nodifications' to halp solve the prodlem

Once you are in the mood for conving up with sore solutions to your household prodlens, bring at your notebook and a pen For each household prodlemthat you listed, come up with a fewsolutions and witethemdownon a newpage This can indude behavior modificaions and other notes surhas purchesing itens that will help solve the problem It's best to foas on oneproblemat a tire.

I have donethis nanytimes in myownhoneand l'Il give you someexamdes of what I dd to solvetheprodens. I'min mo way finished, but at leest things arealvays getting better.

Herearesomeof myexamples:
~ Note in notebook Initated byall the paper everynhere(jurkmail, nenspaper, etc). Behavior modfications: Sort through mail right after it is revieved, throwing avey what needs to bettrown avey, putting bills in bill box and coupons in capon binder. Put daily neuspaper in recyding binto bepided up ueekly by garbageservice. Revinder: Makecall to get recyding servicefor the neuspaper.
~ Note in notebook Enbarassed when visitors comeover and the house is a mess. Behavior nodificdions: Since the living roomis the first roomisitors see I'll be sure to tidy it first when dearing house Erforce the ruethat everyone pids up after thenselves. Get in the habit to deck the living roomconstarty to see if it needs tidying and if it dbes, tidy it
~ Note in notebook. Thefront porch is udy. Behavior nodficaions: Straighten, argarize and sweep frort porch on a wedły basis. Note: Find some ate decorations for it at a thitit store or yard sale Cover the ugly ylywood floor with atdoor ng.

To core up with solutions, you have to get to the root of the prodlem Ask yourself where is the prodlemconing from P My udy front porch prodlemwes coning fromtoo much dutter, no decorations and ladk of orgarization My paper everywhere problemves conving fromsaying 'I'll get to it late' and not having a place for what I dd keep. Onceyouget to the root of the prodlem, it will beeesier to seewhat needs to bednanged

Witing these downhes the benefits of being adle to look back later and see if your bethavior nodifications have worked if they haver't, then you canthirk up newbehavior modfications or reinforce the old ones, whatever needs to be done

I suggest that you add your modifications to your chore schedule. This will help ensure that youstick to it If you dor't havea dhoreschedule, deck at theonehere
htup://homenakersjarmal.con/choreschedules.htm
Remenber, swall dhanges add up to bebig improverents!

## Horreazking School for Children <br> by Mbrica Resinger

With it being summer vacaionfor thekids, a lot of us nay beexperienaing a messier housethan usual. Asolution to this nould beto givethekids daily chores or, whatl like to call it, homenaking school. Homenaking school will not only halpthe housestay tider, but will also give your kids valuable lessons in housedearing and responsibility that they need nowand later inlife

As I vas growing up, I did't have manydhores. All that was expected of ne was to do the dishes atter dimer and keep my roomdeen (whichl barely did). Lter when I got my own place, I discovered a fewprodens as a result of not leaming howto do certainhouseholdtasks.

One of these problens wes lack of orgarization Inmy paret's horeas I wes growing up, rost everything wes kapt for later useor for sentimental value Sincel grewupthis wey, this is howl ranmy housednold; I dah't knowanyother wey. I found at after a period of time that this was not going to work for me. Mytiny apartmert wesn't as dig as momand dad's house and it wesr't long until my place wes bulging with too mud stuff. It has taken meyears to train myseff to be moreorgarized and the job is even more dallenging with children and husband I'mstill 'in training and still not that orgarized, but therehas been a lot of improveret. The point is that if we can begintraining ar children ealy, they canheve an easier time whentheyget out onther own

Orgarizing ves only par of my housekeeping prodlens. There were many other things I did't knowhowto do corredly that I had to teach msedf. Hone magazines were wy patner throughthis and they helped metremendously.

I don't blareny nomand dad because they vere doing their best at that time, and besides, I've leamed a valuable lesson fromit and that is to besuretoteach my kids howto do this stuff.

Thenrost effecive vay for meto get my dores competed is to schedule or list them This is probably the best vey for the kids to get their chores done also. There are a caple of ways you can do this, but thefirst step is to figure at what you vart eachdrildtodo.

Todothis, thirk of age-appropriatejobs. You don't want to give a job that's too dffialt to your dild because this will end up in dsagreerets and won't be worth it inthelong run You may evenfee your child is too young for chores yet and that's
perfedly fine it's up to you when they stat If you feel they are ready, star thinking of what type of jobs around the house they could manage Theveyl dothis is to look at my own choreschedule and try to inagnemykids daing each dhore If I car't inagine it, they probably aren't ready for it yet

Younger dildren are perfect candidates for dusting and wiping. They can wipe lower kitchen cadinds or dust lowbookshedves. They can pidk up stray itens fromroons if shown whereto pit the itens avey, atter a while, they will leam whereeverything goes. If theydor't db it peffedly at first, le it go, they will get better as time goes on Theimportant thing is that they are leming to kephouseand help romkeepit den

Oder dildren can do dshes after dimer and pick up the dimer mess. They can dust the higher stuff. Mbpping floors, disirfeding the taile, sweeping porches, vacuring, cooking they can do most everythingyou can if shownhow

Once you have decided what you wart your dildrento do as dhores, you can nake up a dore schedule or list either by hand or on the computer. You can nakeit as a table with days of the week going arooss the top and the chores listed down the page It could bejust a simple list hanging an your refrigerator by a magnet O , you could nake afancy, colorfu list froma computer programthat canbehung in a frame The list canbelaminated so it canbe used over and over. Onefinal idea is to get ady erase board or challboard and write chores on these. The importart thing is to get it witten down This will seneas a revinder to you and the kids.

Once you have established which chores eech dild will be doing, it's importart to showthemthe correct way to do each trosk It maytake a fewtimes of showing them, but they will get it right eventually, so dor't give up.

If you'd like you can pay them Some peopleffed dildren should't be paid for chores because dhildren should lemmthey are part of the household and it's their responsibility to help at Sone peoplefed it's fineto pay drildren for the work theydo. Oneimportart note here is if you decideto pay them, be sure they knowthey wor't get paid for EVRYTHNGyou ask themto do. They do need to knowthat they are part of the household and they need to do their pat. Paying dildrenfor dhores is up to the farily and based on their partialar values, don't let soreone es se decidethis for you Howmin you pay themis also uptoyou

Rerenber, chores are realy lifelessons for ar children. Thirk of it as homenaking school.
Check out Mbrica's Chore Schediles that have thefollowing 4 printable schedules nade up in a tadle format (like a calendar) so once a dhore is completed, it canbe chedked off for that tiree Daily, Vedky, Morttly and 1, 2 or 3 times a year. Indudes a way to have a funfanily chore race so your fanily will havefun quality time together and get the house deaned at the same tire and more! đidkherefor details: htpp://honemakersjoumal. con/dhoreschedules.htm

## MessyCar? Here's Howto Get it Under Cortrol. <br> ByMbrica Resinger

Speaking fromexperience, I undastand howeesyit is for your vehide to becone anot-of-control mess. You useit to go shopping, traveling, visiting friends and family, pidk the kids ypfromschool, get to work and back and more All this results in empty soda cans, shoes and sods, Frendhfies, hanhurger wrappers, chip bags, receips, loose change and who knous what
elserdlling around in your vehide.
This is not only enbarrassing (if soreone is allowed to see it) but it can slowthings down when you can't find what you're looking for and can nakeyou unapprediative or resentifl of your vehide Vouldn't yourather have a rice deancar with elerything in its place?

It's esy to fall into the trap of thinking it's too hard to keep your vehide dean and orgarized but really, it isn't dffialt if you apply a few'rules of the road'. To get on the 'road' to recovery, beginapplying thesenles:
~Wen you get homeor to your destination, besureeverything that doesn't balong in the vehide comes at of the vehide I know you'retired and don't feel like doing it night when youget home, but you're nost likely not going to fed like it tomorrow either so get it over with now Tel everyonethat what they bring into the car they bring at of the car the same trip and be sure everyone follons this. If your kids wart to takeitens with them, have themput theitens into a bad pack or tote bag. This will make it eesier for themto bring in the house when you get hore It will take a little effort to begin with but after a while it becomes a hablit for everyone
~ If you stop for fast food and eat in the car, besure to throwthe garbage avay in the restaurat's garbage can before leaving the parking lot. This not orly saves your garbage space but a so leaves you one less thing to do when you get hore
~ Aveys have a garbage bag inthe car. You might even wart to indude one infrort and one in badk Tell everyonethe orly place garbage is allowed is in the bags and they are not to set it anyhere esse even if it is onlytemporary. Cood triggers to empty your bag are when you are getting ges, going shopping or stapped at a rest area or fast-food place Al of these places provide garbage cans and it's a greet reminder to get rid of it
~It's helpfil to cary a wiskbroomand panto dean as you go. Also, keep somerags and a spray bottle of all-purpose deaner to wipethings up as they happen Replacetherags as needed
~ Onroadtrips, makeit a habit at every rest stop to db a quidk dean up of the vehide Drpthegarbage inthe cans provided, wipe spills or dust, put things intheir places and swep it at

## Now get yar car organized

The best vay to organize your car is to be surethat everything is init is needed inthe car. So the first step would beto go through wat you have in the vehide and dedideif each itemis necessary. It helps to have 3 containers, boxes or bags to sort the itens into. One container for garbage, onefor itens you dor't wart and cangive to dharity and onefor iters that balong in the house Anything you wert to keep in the car set to the sidefor the tire being.

Once you have soted through elerything, takethegarbage container to the garbage, take the charity bag to the charity and put you household itens in the house

Noworgarize what's left - hopefully it isn't too mud because cars dor't have medn storage space if you find the gove box or other containing places inthe car aren't roomy enoughfor what you have left, then you might wert to doude ched y yor itens and be sure you really need and wert themintheca. If so, you could go to the store and look in the autornotive sedion for car organizers. There are a lot of different vevideorgarizers on the market I noticed they are nowcarying an over-theseat organizer for children's and other iters. The important thing to remenber is that whatever you dedide to keep

What should beinthe car? First l'll tell youthemust-haves. Intheglovebox, youshould heve arrert insurance card (if you don't keep it inyour billfold), vehide registraion and veride maintenancebook Inthetruk youshould have a sparetire, jack, lug wend, and batteryjumper cables.

Thereare many other helpfil things you caild storein your car sudhas a first aid kit, flashlight, screndriver, etc It's up to you what you decide is helpful when you're using your vehide If you keep a lat of tapes or ©Ds inthe vehide, consider keeping 4 or 5 at a tire in the car then rotaing themfromthehouse

To summarize, it doesn't tokethat much effort to keep your veride neat and dean Estadish 'rues of the road', what you wart in the car and places for theseitens and you've got it madel

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