

Housework Schedules Printable Pack

INSTRUCTIONS:

To best use your Printable Pack, place them inside plastic sheet protectors and place them in your Clean House binder.

OR if it is a sheet your are putting most of your focus on, place it in an area where you can easily see it and access it. A wall or clear surface area works great. I keep mine on my dishwasher which is smack center of our kitchen. (it helps me to keep the dishwasher top clear too!)

As a matter of fact, generally when the top of my dishwasher is a mess, so is the rest of my house because my worksheets/binder is buried and that means I haven't been using it.

Use a dry erase marker to write your notes into the printable. When you are finished you can wipe it off and use it again.

If you have small kids you may want to make them a copy of their own and keep yours safe so that no wiping gone wild goes on at an inopportune time!

If you want to keep a record or to have a less wipeable copy, just print your page as usual and write on it directly OR use pencil and rub it out later so that you can reuse the sheet.

Whenever you can reuse a printable you have less waste, less paper and information to manage and less printer ink to pay for.

Use your own imagination and get ready to paint a new picture - your way.

It's Your Day To Shine!

*Jan
Ferrante*



MONTHLY CLEANING SCHEDULE

WEEK 1 – KITCHEN / DINING ROOM

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Get Ready	Laundry Fold/Put Up	Dust Furniture & Windowsills	Sweep Kitchen	Laundry Fold/Put Up	Windex Windows	Catch Up
	Wipe Down Table / Chairs	Wipe Small Appliances	Mop Kitchen	Wipe Out Refrigerator	Go Through "Junk" Drawer	
	Change Sheets	Wipe Out Microwave	Wipe Out Oven		Wipe Out Sink	
Wash Dishes Clean Counter	Wash Dishes Clean Counter	Wash Dishes Clean Counter	Wash Dishes Clean Counter	Wash Dishes Clean Counter	Wash Dishes Clean Counter	Wash Dishes Clean Counter

WEEK 2 – ENTRYWAY / LIVING AREAS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Get Ready	Laundry Fold/Put Up	Straighten Coat Closet	Clean Switchplates	Laundry Fold/Put Up	Windex Windows	Catch Up
	Sweep Front Porch	Dust Furniture & Windowsills	Sweep / Vacuum	Mop Tile or Hardwoods	Wipe Down Bathrooms	
	Change Sheets	Dust Frames				
Wash Dishes Clean Counter	Wash Dishes Clean Counter	Wash Dishes Clean Counter	Wash Dishes Clean Counter	Wash Dishes Clean Counter	Wash Dishes Clean Counter	Wash Dishes Clean Counter

WEEK 3 – BEDROOMS / OFFICE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Get Ready	Laundry Fold/Put Up	Dust Furniture & Windowsills	Sweep / Vacuum	Laundry Fold/Put Up	Windex Windows	Catch Up
	Eliminate Piles in Master	Eliminate Piles in #2	Eliminate Piles in #3	Eliminate Piles in #4	Eliminate Piles in Office	
	Change Sheets			Straighten Closets		
Wash Dishes Clean Counter	Wash Dishes Clean Counter	Wash Dishes Clean Counter	Wash Dishes Clean Counter	Wash Dishes Clean Counter	Wash Dishes Clean Counter	Wash Dishes Clean Counter

WEEK 4 – BATHROOMS / LAUNDRY ROOM

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Get Ready	Laundry Fold/Put Up	Clean Bathroom #2	Clean Bathroom #3	Laundry Fold/Put Up	Windex Windows	Catch Up
	Clean Bathroom #1		Straighten Linen Closet	Mop Floors	Sweep Entryway	
	Change Sheets			Wash Rugs		
Wash Dishes Clean Counter	Wash Dishes Clean Counter	Wash Dishes Clean Counter	Wash Dishes Clean Counter	Wash Dishes Clean Counter	Wash Dishes Clean Counter	Wash Dishes Clean Counter



MONTHLY CLEANING SCHEDULE B

MONTH _____

WEEK 1 –

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY

WEEK 2 –

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY

WEEK 3 –

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY

WEEK 4 –

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY



SPRING CLEANING LIST

KITCHEN AND DINING ROOM

Wipe above Cabinets		Run Empty Dishwasher w/ ½ c. Vinegar	
Wipe above Doors, Doorframes, Windows		Clean around Seal of Dishwasher	
Wipe down Light Fixtures		Scour Sink and Faucet	
Wipe down blades of Ceiling Fan		Vacuum under Sink & Oven	
Remove Items from Cabinets / Pantry		Organize / Clean Under Sink	
Clean Out Drawers / Wipe Down		Vacuum Cobwebs	
Wipe Down Shelves		Wipe Down Walls	
Replace Lining if necessary		Clean Knobs and Pulls on Cabinets	
Throw away Expired Items		Wipe Switchplates / Door Handles	
Group Similar Items / Arrange Neatly		Dust Furniture (Buffet, Hutch, Armoire)	
Wipe Down Surface of Cabinets		Dust all Wall Decor	
Vacuum Refrigerator Coils (back)		Windex Windows	
Remove All from Refrigerator / Freezer		Wipe down Windowsills	
Clean Inside of Refrig/Freezer		Wipe down Baseboards	
Throw away Expired Items / old Leftovers		Wipe down Table and Chairs	
Group Like Products together		Wipe down Stools	
Remove All from Outside of Refrigerator		Clean Garbage Can	
Wipe Down Outside of Refrig/Freezer		Organize Junk Drawer	
Replace only Necessary Items on Refrig		Go Through Recipe Books/Boxes	
Remove Heating Coils from Stovetop		Throw Away / Recycle Unused Recipes	
Clean beneath Refrigerator		Sweep Floor	
Clean Stovetop (Knobs, etc)		Mop Floor	
Clean Oven (Inside and Out)			
Clean Microwave Oven			
Clean Small Appliances			
Empty Crumb from Toaster/Toaster Oven			



SPRING CLEANING LIST

BEDROOMS / CLOSETS

Put All Clothes Away		Remove all Items from Closets	
Remove Curtains – Clean and Replace		Separate into Piles	
Clean Blinds		Keep	
Remove all Items from Dressers		Throw Away	
Remove all Items from Nightstands		Give Away	
Remove all Items from Bookshelves		Donate	
Dust Furniture		Wipe Down Shelves	
Replace Necessary Items to Furniture		Replace & Group Like Items Together	
Throw away Junk or find new homes		Label Storage Bins Clearly	
Wipe above Doors and Doorframes		Sweep / Vacuum Closets	
Wipe down Windowsills and Trim			
Wipe down Baseboards			
Wipe down Light Fixtures / Ceiling Fans			
Wipe down Switchplates / Door Handles			
Strip Beds			
Flip and Rotate Mattresses			
Vacuum Mattress / Boxsprings			
Make Up Beds			
Windex Windows and Mirrors			
Vacuum Lampshades			
Vacuum Upholstery			
Vacuum Floor Under and Behind Bed			
Vacuum Cobwebs			
Sweep or Vacuum Floor			
Mop Floor or Shampoo Carpet/Rugs			



SPRING CLEANING LIST

LIVING AREAS / HOME OFFICE

Remove Curtains – Clean and Replace		Wipe above Doors and Doorframes	
Clean Blinds		Wipe Down Windowsills and Trim	
Wipe above Doors and Doorframes		Remove all Items from Desk/Shelves	
Wipe Down Windowsills and Trim		Wipe Down Computer / Keyboard	
Windex Windows and Mirrors		Wipe Down Printer / Electronics	
Remove All from Shelves and Furniture		Wipe Down Telephone / Fax	
Dust Furniture		Eliminate old notes from bulletin board	
Dust Shelves and Mantel		File necessary bills and documents	
Dust Wall Décor / Picture Frames		Throw out unnecessary paper	
Dust TV and Electronics		Edit Address Books	
Replace Necessary Items		Create Bins and Boxes to store Supplies	
Organize Music, Movies, and Books		Label bins/boxes clearly	
Keep		Dust Desk/Shelves	
Throw Away		Restore necessary items to Desk/Shelves	
Give Away		Delete old files from computer	
Donate		Delete old emails	
Vacuum Lampshades		Backup Hard Drive	
Vacuum Upholstery		Empty Trashcan	
Vacuum Under Furniture		Wipe Down Baseboards	
Vacuum Cobwebs		Sweep or Vacuum Floor	
Wipe Down Baseboards		Mop Floor or Shampoo Carpet/Rugs	
Sweep or Vacuum Floor			
Mop Floor or Shampoo Carpet/Rugs			



SPRING CLEANING LIST

BATHROOMS / LAUNDRY ROOM

Remove Curtains – Clean and Replace		Wipe above Doors and Doorframes	
Clean Blinds		Wipe Down Windowsills and Trim	
Wipe above Doors and Doorframes		Remove everything from Shelves	
Wipe Down Windowsills and Trim		Remove all from top of Appliances	
Wipe Down Shelves and Wall Decor		Wipe Down Shelves & Appliances	
Scrub Bath/Shower		Pull out Appliances and Clean Behind	
Scrub Sink and Wipe Countertops		Check Washing Supplies	
Scrub Toilet Inside and Out		Replace Necessary Items	
Remove Items from Cabinets		Iron Clothes	
Clean inside of Cabinets		Clean Trashcan	
Wipe Down Outside of Cabinets		Wipe Down Baseboards	
Sort Items and Replace		Sweep and Mop Floors	
Clean Trashcan			
Laundry Shower Curtain			
Laundry Bath Rugs			
Wipe Down Baseboards			
Sweep and Mop Floors			



SPRING CLEANING LIST

STORAGE AREAS AND GARAGE

Wipe above Doors and Doorframes			
Wipe Down Windowsills and Trim			
Move Everything out of the Area			
Wipe Down Cabinets and Shelves			
Sweep the Floor			
Go through all Boxes and Stuff			
Create piles to put Items			
Keep			
Throw Away			
Give Away			
Donate			
Label Boxes and Shelves clearly			
Hang Implements/Tools on the Wall			



SPRING CLEANING LIST

OUTDOOR AREAS

Sweep Porch			
Knock Down Cobwebs / Hornets' Nests			
Deck			
Garden Areas			
Sidewalks			
Driveway			
Wash Outside of Windows			
Power Wash Siding			



CLEANING LIST

WEEKLY

Kitchen	Living Room	Bedroom(s)	Office	Bathroom(s)
sweep	vacuum	change sheets	vacuum	clean sink
mop	dust	Vacuum	declutter	clean toilet
wipe stove	clean glass	declutter		clean bath
wipe counters	declutter			clean mirror
scrub sink				change towels
clean pantry				sweep
				mop

MONTHLY

Kitchen	Living Room	Bedroom(s)	Office	Additional
clean windows	clean windows	clean windows	dust	
dust	baseboards	baseboards	clean windows	
clean fridge	clean blinds	clean blinds	organize	
clean blinds				
wash rugs				



WAYS YOU CAN MAKE A DIFFERENT MONTH _____

Activity	Description / Instructions	Notes
1. Recycling		
2. Unplug All Unnecessary Appliances		
3. Replace incandescent light bulbs with compact fluorescent light bulbs (cfl)		
4. Reduce Packaging Use washable plates/napkins Drink filtered tap water from reusable bottles.		
5. Line Dry in fine weather		
6. Shop with canvas / reusable bags		
7. Use reusable food storage containers.		
8. Seek out Products that are Eco-friendly		



THE 3 R'S

DATE _____

Reduce	Reuse	Recycle
1. to diminish in size, amount, extent, or number 2. to draw together or cause to converge (consolidate)	1. to use again, especially in a different way.	1. to adapt to a new use 2. to bring back



SATURDAY MORNING CHORES

DATE _____

Name:	Name:	Name:



HOME PURGE

<u>Kitchen</u>	<u>Pantry</u>	<u>Dining Room</u>
<u>Living Room</u>	<u>Den</u>	<u>Office</u>
<u>Bedrooms</u>	<u>Bathrooms</u>	<u>Closets</u>
<u>Basement</u>	<u>Storage Areas</u>	<u>Garage/Shed</u>



FILING SYSTEM INDEX

Categories	Sub-Categories	Documents

Categories	Sub-Categories	Documents

Categories	Sub-Categories	Documents



MAGAZINE SUBSCRIPTION INFO

NAME

Magazine Subscription	Months Received (Circle)	End Month/Year	Address, Telephone or Email Info
	J F M A M J J A S O N D		
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AUTO MAINTENANCE SCHEDULE

Every 3 Months	Date	Date	Date	Date	Date	Date	Date
Change oil & filter							
Check washer fluids							
Check tire pressure & lug bolts							
Check coolant							

Every Year	Date	Date	Date	Date	Date	Date	Date
Battery cleaning							
Replace windshield wipers							
Radiator flush							
Replace brake pads							

Every 2 Years	Date	Date	Date	Date	Date	Date	Date
Replace transmission fluid							
Check breaks and wheel bearings							
Check all belts							
Replace plugs and emission items							
Inspect for leaks							

