## WAHM in Focus – Checkin' In Issue #2 – Stepping Out

"Too many people are thinking of security instead of opportunity." Jame F. Bymes

"Everything I've ever done was out of fear of being mediocre." Chet Atkins

## IN TODAY'S WORLD MEDIOCRE WON'T CUT IT

You have to step out... The best thing is that almost always, it's the things we fear doing that turn out to be the most fun.

"Ultimately we know deeply that the other side of fear is freedom." - Marilyn Ferguson

## 1. IN FOCUS THIS WEEK - STEPPING OUT

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Focus this week on identifying any blocks that may be slowing you down - or stopping you completely.

You probably will know them by the flutter of butterflies you feel in your stomach, or the tendency to find something else to do when it's time to sit down to it.

Sometimes you will feel like there is a brick wall right in front of your nose. A wall that you just cannot pass.

Before you do anything, even before you close this email, ask yourself...

What is the worst that could happen?

The answers will probably make you laugh.

On a more serious note, do you know what really is the worse thing that could happen?

That you never will step out and present your gift.

That you will die with your music still in you.

Or that you will lose your chance to have an internet business before you even give it a real shot.

THAT is the worse that can happen.

MAKE IT A POINT this week to identify any blockages or fears that could be holding you back and then take one step to overcome them.

It doesn't have to be a giant step, just the first step

Jan Ferrante – feel free to pass this issue along to your friends. http://www.queenofkaos.com/wahm-in-focus in the right direction.

A few things that may target some common fears could be to create an audio or video for you site.

Many of us are afraid either because we don't know how, or because we are afraid to put 'ourselves' out there.

Bottom line?

If you want to be in business, in almost every case it's going to be something you need to learn to do.

Step out!

No apologies.

As the highly esteemed Ms. Frizzle says, "Get dirty. Make mistakes!".

It's how we learn. It's how we DO. It's how we progress.

Stepping out may even mean getting help. Hiring someone to take care of the things we don't excel at or taking on a partner in a project.

Sometimes THAT takes courage.

When you're finished, come on over to my blog and post it in the comments section of this week's article.

We want to see it!

Comments and Discussion: Laser Focus - The Secret Ingredient Part Two

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(you only need to order one, I'll send you the other one myself, it may take a few hours since it's not automated, if it doesn't arrive within 24 hours tops, let me know!)

Let's get busy!

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That's All for Now Folks!

Let's get busy!

Jan Ferrante <a href="http://www.queenofkaos.com">http://www.queenofkaos.com</a>