

WAHM in Focus – Checkin' In

Issue #5 – CLEAR SPACE

“When you have cleared all of your clutter, you can be of greater service to those around you.” Michael B Kitson

The biggest relief and possibly number one reason to get clutter under control is that it frees you to move onto other things besides constantly dealing with clutter, one way or the other.

Things like working on and moving ahead in your business for example.

Being mired in clutter is like being stuck up to the axle in a mudslide. It holds you back so that you just can't get going where you want to be.

Are you ready to shine? Let's go!

THE BASICS

- Set aside a time of your choosing to declutter and create clear spaces. Stick to it consistently. When the job is done, continue with this time pocket for maintenance. That's the easy part, so easy that it's easy to underestimate the value and put it to the side. Don't YOU do that, YOU want to continue to move ahead in peace.

- Do garbage first.

- Then sort. Use baskets or boxes to do the first round and then sort each box, remembering the more you can get rid of, the less you'll have to deal with again, and the less you will have to look at or shuffle through every day.

- Dust those clear spaces! Vacuum. Give them a wash.

- Say ahhhhh and enjoy! Congratulate yourself and love your shiny new workspace.

- Use those super powers of yours for good - get to work!

Here is a list of articles I wrote for Ezine Articles that will give you a few ideas of where to start.

Clear Space, Clear Mind

<http://ezinearticles.com/?Organize-Your-Work-Space---Clear-Space---Clear-Mind&id=2295506>

Clear Your Desk Fast, The Drag and Dump Method

<http://ezinearticles.com/?Clean-Your-Desk-Fast---The-Drag-and-Dump-Method&id=2272697>

Clutter Control - One Simple Rule to Control That Clutter

Jan Ferrante – feel free to pass this issue along to your friends.
<http://www.queenofkaos.com/wahm-in-focus>

<http://ezinearticles.com/?Clutter-Control--One-Simple-Rule-to-Control-That-Clutter&id=2408498>

You may find some other articles of help while you're there.

Just remember not to be long, or save them for your break.

And USE them.

Identify a key take away that jumps out at you most, and then schedule it or DO it right away.

2. WAHM IN FOCUS PODCAST

Don't forget to tune in to our weekly WAHM in Focus Podcast, for this week's audio version.

<http://queenofkaos.com/WAHMblog/category/podcast/>

3. Today's Issue Is Sponsored By:

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DECLUTTER FAST

My favourite decluttering ebook. You'd think that knowing how to declutter would be cut and dried, but I found myself learning new techniques to make it faster - and to keep it that way - all through the book.

Use it in your home or office.

I'll send you along my own 'cheat sheet' too that I created to make it even faster and easier.

<http://www.queenofkaos.com/declutter-fast>

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PSSST... Don't forget to pass it on.

That's All for Now Folks!

Let's get busy!

Jan Ferrante

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